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**Name: Prof.(Dr.) LAD MEENAL DEEPAK
MD[Dravyaguna],Ph.D.(Ayurved)**

Date of birth: 3rd June 1967

**Education- M.D. –Dravyaguna, Ph.D. Ayurved – Pune University,
Maharashtra,India.**

WORK EXPERIENCE:

Name of the Organization	: P.D.E.A.'s College Of Ayurveda and Research Centre, Nigdi Pradhikaran, Pune, Maharashtra
Position Held	: Professor and Head (Dravyaguna), Co-ordinator- Ph.D. Courses, Consultant – Ayu. Cosmetology
Academic Experience	: 29 yrs. (U.G.) 21 yrs (P.G. Teaching) Ph.D. (15 yr)
Specialization-	: Ayurved – Panchkarma and Panchbhoutik Therapy.
Expertise	: Gynecological Problems, Skin and hair, Lifestyle Disorders,
Consultant	: Gary n suns healing herbs, Reno, Nevada, USA Visited twice in a year to USA(10 states) consultation and lectures in Universities and for American Citizens

EXTRA CURRICULAR ACHIEVEMENTS:

CONFERENCE/WORKSHOP- Total Attended: 62

a. National: **40**

b. International: **22**

Participated in Webinars- 55 Online Guest Lectures in Webinar-06

Work shops and Trainings attended- 67

PAPER PRESENTED: 25

Guest Lectures/Resource person-37

Research Papers Published in International Peer Review Indexed Journals- 28

SCHOLARSHIPS/FELLOWSHIPS:

a) **Teacher Fellowship for Research received for the antimicrobial study of Kurdu(Cellosia argentia) and Mundi (S. indicus)from Maharashtra University of Health Sciences, Nashik.**

b) **Grant in aid for the research on Efficacy Study of Jingi Shardi on Functional dysmenorrhoea by AYUSH, NewDelhi.**

(b) Honours/Medals/Awards, etc. with details:

***Honored by International Excellence award at Bangkok, by Arkashine group for the work in the field of Research in Ayurved - on 15 th May 2018**

*** Honored by National Academic Excellence award at Deharadun, by Tathagat Publication and Ayush Darpan, Uttarachal for the extraordinary work in the field in Ayurved -May 2014**

*** Narishakti Purskar 2019 By Apla Awaj Network , Pune District**

*** Academic Excellence Performance Award - yr.2000 By Working Institute- C.A.R.C., Pune**

*** Academic Excellence Performance Award – yr. 2002 Academic Excellence Performance Award C.A.R.C., Pune**

*** Academic Excellence Performance Award – yr. 2007 Academic Excellence Performance C.A.R.C., Pune**

*** Academic Excellence Performance Award – yr. 2020 Academic Excellence Performance C.A.R.C., Pune**

*** Extraordinary Excellence – Herbal World 2003, Prabodhan, Goregaon, Mumbai.**

- * **Award for outstanding Work – Pune Netraseva Pratishtan and Rotary Club, Chinchwad, Pune**
- * **First Prize winner in P.D.E.A.’s Employee Science Competition – 1999 for Ideal Garden Display**
- ***Second Prize winner in P.D.E.A.’s Employee Science Competition – 2000 for Food Adulteration**
- * **Flowers, Fruits and Plant Competition and Exhibition By P.C.M.C.2003- 04 Prizes**
- ***Flowers, Fruits and Plant Competition and Exhibition By P.C.M.C.2004- 02 Prizes**
- * **Flowers, Fruits and Plant Competition and Exhibition By P.C.M.C.2005- 02 Prizes**
- * **Flowers, Fruits and Plant Competition and Exhibition By P.C.M.C.2008- 01 Prize**
- * **Prize for Plant Photography by PCMC- 2005-First**
- * **Global Integration and Growth Award -2010**
- * **Flowers, Fruits and Plant Competition and Exhibition By P.C.M.C.2009- 04 Prizes**
- * **Flowers, Fruits and Plant Competition and Exhibition By P.C.M.C.2010- to 2019- every year on an average achieved 03-05 Prizes per year**

Achievements/ Honors- Associated with following Associations as

EXECUTIVE COMMITTEE MEMBER OF FOLLOWING.

- Managing Council Member of International Society of Ayurvedic Physicians & Teachers.(ISAPT)
- Ex Treasurer and Ex Secretary of National Integrated Medical Association, Pune District Branch
- E.C. Member of N.I.M.A. Maharashtra State.
- Janaseva Dattshram, Pune,- Invited member.
- Indian Medicinal Plant Board Maharashtra.-Member of Pune Region.
- Vice President, M.Phule, Janseva Mandal, Pune.
- Local Managing Committee member of Ayurved College Akurdi, Pune.
- Ex- Vice President, Bandhuta Pratishtan, Pune.

- Member Of Health Advisory Committee of M. Phule A.C.S.College, Pimpri.
- Elected member of Board of studies (P..G. Paraclinical Board)since 10 years in Maharashtra University Of Health Sciences, Nashik for the period of 2007-2012 and 2012 to 2017.
- Member of faculty of Ayurved since 2012 of Maharashtra University of Health Sciences, Nashik.
- Member of 31/5 committee (Board of Exam) in Maharashtra University of health sciences, Nashik.

ACADEMIC CONTRIBUTION-

University Level-

- Elected member of Board of studies (P..G. ParaclinicalBoard)since 10 years in Maharashtra University Of Health Sciences, Nashik for the period of 2007-2012 and 2012 to 2017.
- Member of faculty of Ayurved s 2012 to 2017 of Maharashtra University of Health Sciences, Nashik.
- Member of 31/5 committee (Board of Exam) in Maharashtra University of health sciences, Nashik.
- Local Inspection Committee & teaching Staff Selection Committee Member of Maharashtra Health university, Nasik.
- Copt. Member of Board of studies in BharatiVidyapeeth Deemed University, Pune, M.S. since 2012
- Copt. Member of Board of studies in Rajasthan Ayurved University, Jodhpur. Since 2010
- Member Of Research Committee, Rajasthan Ayurved University, Jodhpur.
- Jt Secretary of All Maharashtrian Dravyaguna Experts Association.
- Member Of Synopsis Scrutiny Committee, MUHS, Nashik
- Member Of Institutional Ethics Committee– Dr. D.Y. Patil College Of Ayurved, Pimpri, Pune.

College Level Academic Responsibilities:

Worked as Director of Post Graduate studies since 2006-2018

- Member of College Council since 2012
- Member of Admission Process committee since 2008
- Coordinator of M.D. Ph.D. admission Committee since 2009
- Member of Anti ragging committee since 2010
- Member of Sexual harassment committee since 2010
- Member of Garden committee since 2011
- Additional charge of Physical Director(Sports) 2005 to 2007
- Co-Ordinator of Ph.D.courses
- Chairman of PRE committee of NABH

Achievements in the field of Ayurveda -

- Academic Results:

Since 1993 the University results of Dravyaguna are in between 90-100% two to six students achieved Distinction every year.

University results of M.D. first year and final year since 2008 to till date are 100%

- Achieved Grant in aid (3.50 lacs) for RoTP in Dravyaguna by RashtriyaAyurvedVidyapeeth, AYUSH, New Delhi.
- Won first prize of Rs. 5000 for medicinal plant garden cultivated under my guidance for seven times. Where 386 species(1750 total plants) are cultivated. 40 rear species like Tagar, Katuka, Rudraksh, Guggul, etc are conserved.
- Abundant(over 700) dry and wet samples in Herberium, Photographs of dravyas (medicinal plants)are collected and display flora wise in Museum viz., Himachal Flora, Gadhwal Flora, Keral Flora, Maharashtra Flora, etc.

Held Medicinal Plant Exhibitions for Awareness about Ayurved in Public

- Made live model of ideal medicinal plant garden around the home.

- Presentation of medicinal plant exhibition every year in city as well as in Rural area for the awareness of environment & pollution problems as well as Ayurved. Some of the subjects & places are as follows:
- Ideal medicinal plant garden in the city :Ferguson college, Pune.
- Ideal medicinal plant garden in the Village: At-Bhatsaigaon , Dist Raigad..
- Ideal medicinal plant garden around the house :Hadapsar,Pune.
- How to identify adulterations in our food ingredients: Sangavi, Pune.
- Spices are our health guards: Herbal world 2003.Mumbai.&Baramati.
- Participated in plant exhibitions & Garden exhibitions held by municipal corporations of Pune & Pimpri-Chinchwad every year
- Herbs for Top to Toe – at Ralegan sidhdhi, in Maha arogya shibir held by Health Ministry
- Ayurved for All- at Swargate, held by AYUSH and Trinity group

SOCIAL WORK

Doing social work with the institutes like NMPB,Forest Department of Maharashtra MIDC, Sampark, JansevaDattashrum, BharartVikasParishad, MahilaVikasMahamandal, National Integrated Medical Association, Mahatma PhuleJanseva Mandal,Lions Club ,Govt.of M.S. (Ayush) N.S.S. etc.This work is in the following form-

- Free check up camps organizing in slum & rural area, for children, women, Orphans.
- Free check up camps for Senior citizens .
- Free vaccination camps for Hepatitis B.
- Free counseling for H.I.V.patients.
- Organizing free workshops for Adivasi Vaidoos, Plant raw material collectors. Teaches them correct techniques & aware about threatening of medicinal species. Also aware about hygiene.
- Delivering speeches on cultivation & conservation of medicinal plant
Delivered speeches for public health awareness, adolescence, family planning, Uses of medicinal plant, food adulteration, Aids awareness etc. in many Educational Institutes as Schools,Arts, Science, Commers Colleges, Engineering Institutes, agriculture Colleges Social Clubs, Mahila Bachatgat ,Mitcon, etc

- Organizing workshops for females on antenatal care, ayurvedic home remedies, cultivation of medicinal plants.
- Organized many exhibitions of medicinal plants, food adulterations, Aids awareness, Family planning.

Many times(Twice in Year)visited and delivered lectures in more than 10 states of United states if America for propagation of Ayurved. Also for Ayurved consultations.

Organization of Workshops & RoTPs in College-

- Organization of workshops on 1)Goods Manufacturing Practices 2)Techniques in Microscopy of Medicinal Plants 3) Second year syllabus finalization workshop as Organizing secretary
- Organization of Reorientation programme for Teachers in Dravyaguna sponsored by AYUSH, New Delhi.
- Lectures delivered in RoTP at Nagpur, Pune, Mumbai funded by AYUSH.
- Organizing Secretary of CME on Resent advances in Dravyaguna
- Organisation of Two workshops and 6webinars in 2020-21

Organizing Committee Member - In following seminars :

- ✈ Aids update 2003- Dept. of Ayurved, Pune Vidyapeeth.
- ✈ Syllabus finalization In Foreign Countries.- Dept. of Ayurved, Pune Vidyapeeth
- ✈ National seminar on Parad&Gandhak- By College of Ayurved& research center Akurdi. Pune.
- ✈ Workshop on Med. Plant cultivation- Dept. of Ayurved, Pune Vidyapeeth
- ✈ National conference of sport medicine.- Dept. of Ayurved, Pune Vidyapeeth
- ✈ AmulAyurved – 2003- National seminar By TathagatPrakashan.
- ✈ Workshop for Adivasi vaidus.- With JansevaDattashrum& Pimpri-Chinchwad Municipal corporation.
- ✈ Ayucon 05- by ISAPT at Nashik Hotel Taj as Jt. Organizing Secretary.
- ✈ 2nd World Ayurved Congress & Health Expo- 06 Pune, as Co-Convener.

- ✈ Arthocon 06- by ISAPT at Kolhapur, as Jt. Organizing Secretary.
- ✈ National Seminar on live demo. Of Medicinal Plants in Andaman Circle-
Scientific Committee Member.
- ✈ National Seminar on Waman by Marma Association, Kolhapur in Feb 2015

Research Contribution:-

- Founder Member and Ex-Secretary of Institutional Ethics Committee
CARC, Nigdi-1999-2011
- Member of Institutional Ethics Committee as expert Pharmacologist-1999-
till date
- Vice Chairman of Research Committee since 2010
- Achieved Grant in aid (15000/-) for the project of Ideal Medicinal Plant
Garden from BAIF.

Date: 12/07/20

DR. MEENAL DEEPAK LAD

Place: Nigdi, Pune