

DR. MAYURA JADHAV-SHINDE

ASSOCIATE PROFESSOR, PANCHAKARMA

PDEA'S COLLEGE OF AYURVED & RESEARCH CENTRE, NIGDI, PUNE 44



CONTACT

- 7276866831
- drmayurashinde@gmail.com
- Nigdi, Pune, Maharashtra.

SKILLS

- Academic management
- Ayurvedic consultation
- formulation and preparation of Ayurvedic medicines
- Organizer – Seminars, CMEs, and Workshops
- Research orientation
- Leadership

LANGUAGES

- English
- Marathi
- Hindi
- Sanskrit

RESEARCH

- Ongoing doctoral research in Panchakarma.
- Multiple publications in national and international indexed journals.
- Best Article Award recipient (International Journal)
- Presenter at national and international conferences and seminars.
- Co-Investigator – Clinical Trial on Osteoarthritis
- Scientific committee member of editorial board of PDEA'S International journal of research in Ayurved & Allied Sciences.



PROFILE

Ayurveda practitioner and academician with over 10 years of teaching and clinical experience. Specialized in Panchakarma. Actively involved in guiding postgraduate research, contributing to national and international journals, and delivering lectures as a resource person. Founder of a GMP-certified Ayurvedic pharmacy and committed to evidence-based practice.



WORK EXPERIENCE

Academic Experience

Associate Professor (Panchakarma Department)

- Undergraduate Teaching Experience: since 07 Nov 2014
- Postgraduate Teaching Experience: since 3 Sept. 2022
- Academic Coordinator, 3rd B.A.M.S.
- Member: Academic Committee, Curriculum Committee, Alumni Association

Hospital experience

Panchakarma Consultant

- Panchakarma consultant at PDEA'S Ayurved Rugnalaya & Snowbell multispecialty hospital.
- Member: Hospital grievance committee
- Chairperson: Clinical Audit committee
- Coordinator – organization of annual Seasonal Panchakarma Camps

Other professional experience

Director & founder

- Ayurveda Consultant & Director at Shree Vishwadhar Panchakarma & Ayurveda Chikitsalaya, Pune since March 2009.
- Founder & Director Ayush Ayurveda LLP – GMP-Certified Ayurveda Pharmacy since 2016.



EDUCATION

Ph.D. scholar in Panchakarma	2022-23
M.D. Panchakarma	2014
B.A.M.S.	2008
Diploma in Yoga Teacher	2008
MSCIT (Information Technology)	2015